

Hello,

You have indicated that you are interested in guidance from my practice:

Welcome!

Since you are coming to me for the first time, I can imagine that you may have questions or find it exciting. For me it is always exciting and new who I will meet and how I can help someone as best as possible.

For both of us, therefore, a piece that is (still) unknown and which we will explore together in a first contact. To make the very first step towards the practice a little smaller for you, I will give you some information:

- Prior to the first consultation you will receive a questionnaire from me. We discuss these at our first meeting;
- During the introduction I will ask you many questions to get a clear picture of what exactly your complaint is and what I can help you with;
- If you have never had hypnotherapy before, I will explain what you can expect;
- After the first consultation, we will see together whether I am the right person for you to guide you, and we will make agreements about how you want to proceed;
- Hypnotherapy treatments usually last about 1-1.5 hours;
- The rate for a session is €95. You do not pay VAT on this and many health insurers partially reimburse this from the supplementary insurance. [HERE](#) you can find out which reimbursement your insurer gives. Of course you can also call your health insurer;
- Of course I handle your data with care. How I do that you can consult [HERE](#)
- I work with the reporting code for domestic violence and child abuse (more about this [HERE](#))
- If something comes up and you can't come to the appointment, that's no problem if you let us know at least 24 hours in advance. Then I will not charge any costs for that.

The number of sessions we need varies per client and depends on your complaint. On average, the number of sessions is between 5 and 10 times.

4SCENERGY
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